

.....*LEHI CITY RECREATION*
JR FLASH BASKETBALL
BOYS/GIRLS GRADES K-4
RULES 2010

GAME

- No forfeits! Please have your players there at least 10 minutes before scheduled game time!
- Play will consist of four 8-minute quarters. The clock will run for the entire game. The first 15-20 minutes of the session will be used for practice for K-4th. The game will begin at 20 minutes past the hour. Half time will be 3 minutes for K-6. Each game will begin with a jump ball. All subsequent jump ball situations will be decided by the alternating possession arrow.
- Officiating! All K-4th grade games will have an instructor that will officiate the games. Their responsibility is to keep the flow of the game moving while instructing the players regarding basketball situations (fouls, etc.). Parents and coaches are no longer required to help officiate.
- The K-4th grade leagues are officiated with a do-over enforcement. As an official makes a call, they will have the player try again using the correct principles. This teaching method will emphasize correcting mistakes instead of emphasizing the mistake itself.
- Free throws: No free throws will be shot. All fouls (including shooting fouls) will result in the ball being taken out of bounds.
- Any turnover as a result of a double-team: The ball will be returned to the team that lost the ball.
- The K-4th grade league is recreational and instructional. The score will not be kept for the K-4th graders. Officials are there to instruct as well as officiate.

EXCEPTIONS AND ADDITIONAL RULES

- Wrist bands are used to help players know which person they need to guard. Please assist the instructor in matching players up fairly.
- 8-foot baskets and 27" size basketballs are used for **K-2nd graders**.
- 9-foot baskets and 28.5" size basketballs are used for **3rd-4th graders**.
- No stealing the ball. The instructor will blow the whistle every time this happens. Please instruct your team of this rule during practice time.
- A lane violation is not enforced for this grade group for 3rd-4th grade only.

- Defenses: Man-to-man defense only. No zones or double teams. The defense must fall back to their half of the court to pick up their man. No full-court press

The buildings we use, and the custodians who work there, will be treated with the utmost respect. Any problems reported to Lehi City may result in a player or coach being asked not to participate anymore and the player will not be given a refund. Please do your best to keep the gyms clean.

Players and coaches will not be allowed to switch any player to a different team.

Coaches must play all their players at least two full quarters or one full half!!